

# Homemade Hypoallergenic diet for dogs

Balanced formula for healthy adult dogs that meets AAFCO allowances:

	Grams	Volume
Carbohydrate, cooked	240	5/8 cup
Meat, cooked	120	3/4 cup
Vegetable Oil or Fish Oil	10	2 1/2 tsp.
Vegetable (canned pumpkin, sweet potato)	30	2 Tbsp.
Bone Meal (or dicalcium phosphate)	4.0	3/4 tsp.
Salts (KCl)	1.0	1/4 tsp.
Human adult vitamin/mineral tablet	9.0	1 tablet

This is the daily portion for a 18 pound dog. Adjust for the weight of your dog.

Nutritional Content	% Dry Matter Basis
Protein	21
Fat	20
Crude Fiber	6.5
Calcium	0.66
Phosphorus	0.59
Magnesium	0.1
Sodium	0.2
Potassium	0.6
Kcal (as fed)	820

Recommended carbohydrates are rice (white or brown) **or** potato.

Recommended meats are kangaroo **or** fish. Choose **only one** carbohydrate and **one** meat, and do not change for the term of the diet trail (usually 8-10 weeks). Vegetable or fish oils are not significant sources of dietary allergens. Salt is "lite salt" available in grocery stores.

**Directions:** It is best to weigh the ingredients; volumes are approximate and will vary depending on product chosen. Bake or microwave the meat component retaining all fats, and cook the carbohydrate component. Grind or finely chop meat if necessary. Pulverize bone meal and mix with other ingredients except the vitamin tablet. Mix well (in food processor or blender) and serve immediately or cover in an airtight container and refrigerate (3-7 days) or freeze. Feed the vitamin tablet pulverized and mixed with each meal. Warm the food to just below body temperature. Wetting may improve taste.